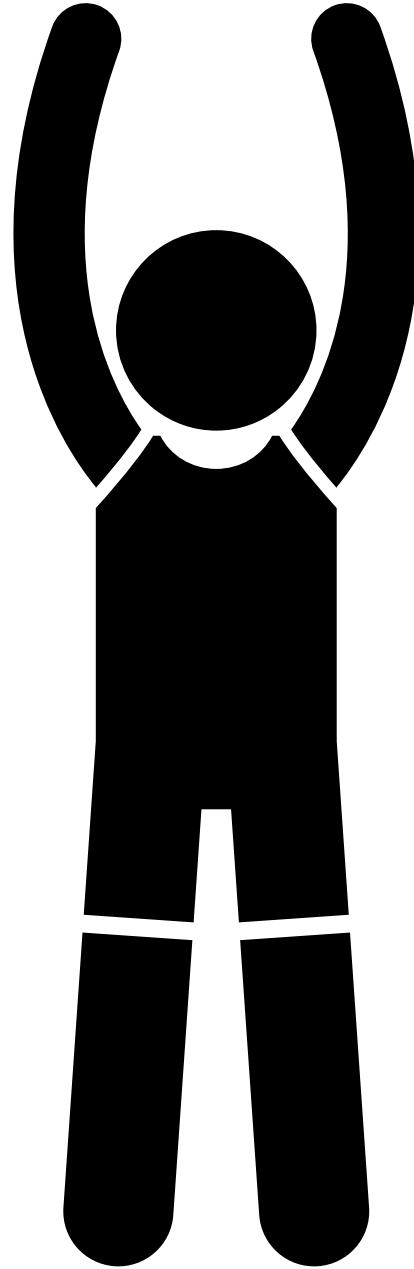


Standing Wall Jumps



Revolutionary PE
MAKE YOUR BODY STRONG

Long Jump



Revolutionary PE
MAKE YOUR BODY STRONG

Jump the Cone



Revolutionary PE
MAKE YOUR BODY STRONG

Mat Jumps



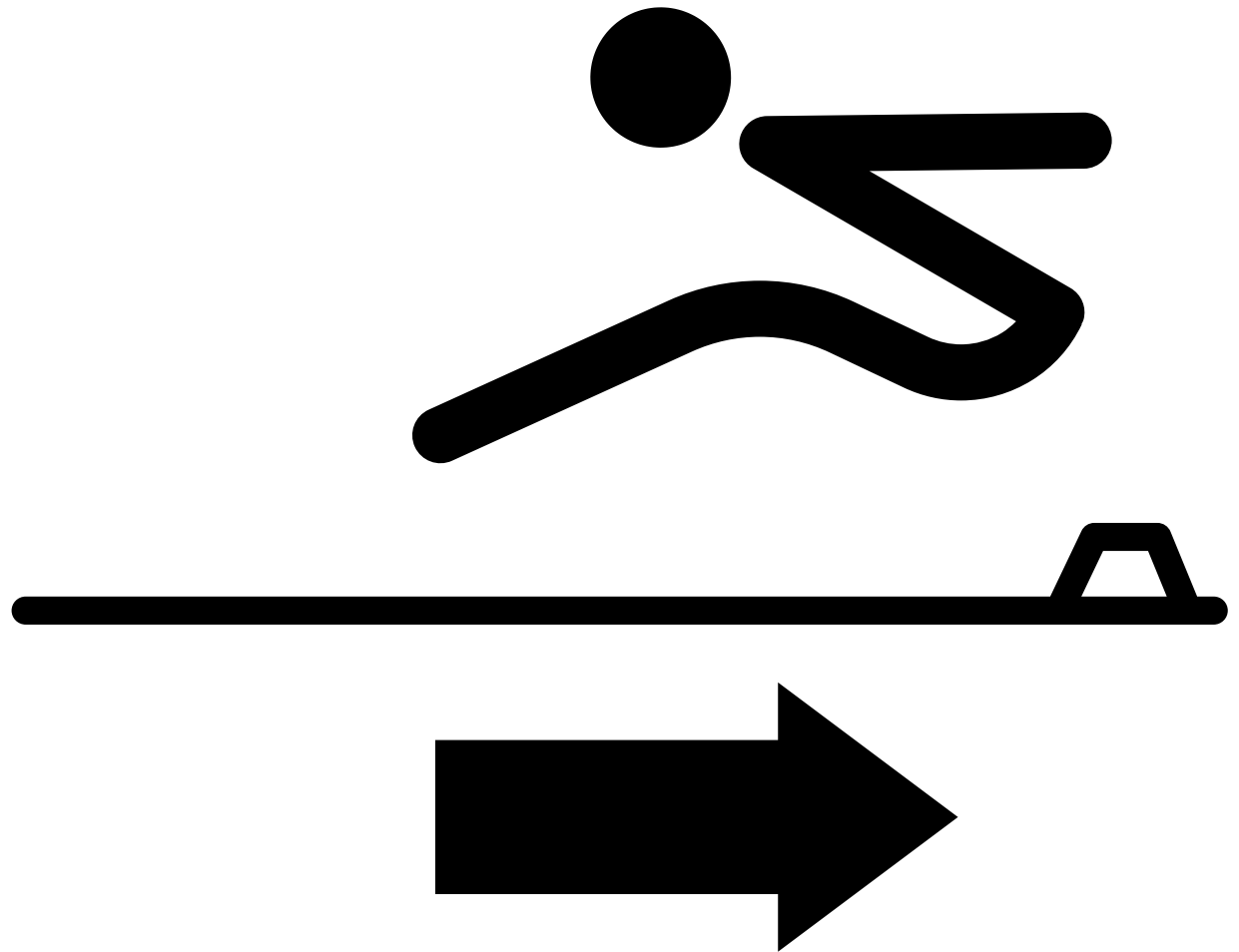
Revolutionary PE
MAKE YOUR BODY STRONG

Agility Ladder side to side



Revolutionary PE
MAKE YOUR BODY STRONG

Jump Backwards



Revolutionary PE
MAKE YOUR BODY STRONG