

Texas Essential Knowledge and Skills for Health & Education -Chapter 115.11 Adopted 2020. TEC, §28.004(q-4), as added by SB 9, 87th Texas Legislature, Second Called Session, 2021, requires the board of trustees of each local school district to determine the specific content of the district's instruction relating to the **prevention of child abuse, family violence, dating violence, and sex trafficking.** **According to Senate Bill 9, your local district should approve any curriculum that covers these topics.** Our Counselor teaches these lessons in small groups from our district-approved curriculum. **Before using lessons on these topics check with your curriculum department. It should be approved by a School Health Advisory Council (SHAC).**

How to use these health lessons: These lessons have short suggested video clips from YouTube and may include a worksheet in the Health Glossary or a game included in the Game Glossary. Please view all videos prior to showing them to students. Most health lessons are 5-20 minutes and can be added to an activity unless they include a game. We Teach our health lessons on Friday and then students choose the game, if their class has 5 "Golden Shoe" Certificates.

Read: Child Abuse, Family Violence, Dating Violence, and Human Trafficking Frequently Asked Questions. (2022, April 14). Retrieved from <https://tea.texas.gov/sites/default/files/4-14-2022-child-abuse-f-a-q.pdf>

Communicate with your curriculum department and ask your district for help over the following TEKS or verify that your school counselor is covering those topics.

K.10, 1.11, 2.11, 3.1, 4.12, 5.12 Violence/ Weapons
3.13C, 5.14C Abuse & Neglect
4.20, 5.22 Puberty & Reproduction – Currently Covered by the nurse.
5.21 A & B – Sexual harassment, sex trafficking
5.6D Eating Disorders/ Alternative to hurting oneself
5.6F Alternatives to Harming oneself

I suggest that you notify parents before covering the following topics so they can also discuss them at home.

Drugs, Alcohol, Tobacco, Inhalants, & Vaping – Have a "Red Ribbon Month" and notify parents in the school newsletter. Hire the local police department that teaches D.A.R.E. to come into the school to kick off this topic. We have them do the assembly for Kindergarten through first grade. Then they also speak to third through fifth grade. The drugs, alcohol and tobacco TEKS begin with K.13B, and 14 for all grades. There are 4 different lessons on this topic so it takes four Fridays to cover the material. The counselor can work with you to have them sign a pledge not to use drugs and post them in the hall.

Safety Equipment & 911/Fire escape plan TEK 3.9. In the school newsletter let parents know you are sending a fire escape plan home for them to discuss and develop a plan.