

# The Skeleton

1. skull

2. clavicle  
(collar bone)

3. sternum  
(breast bone)

4. humerus

5. ulna

6. radius

7. spine  
(backbone)

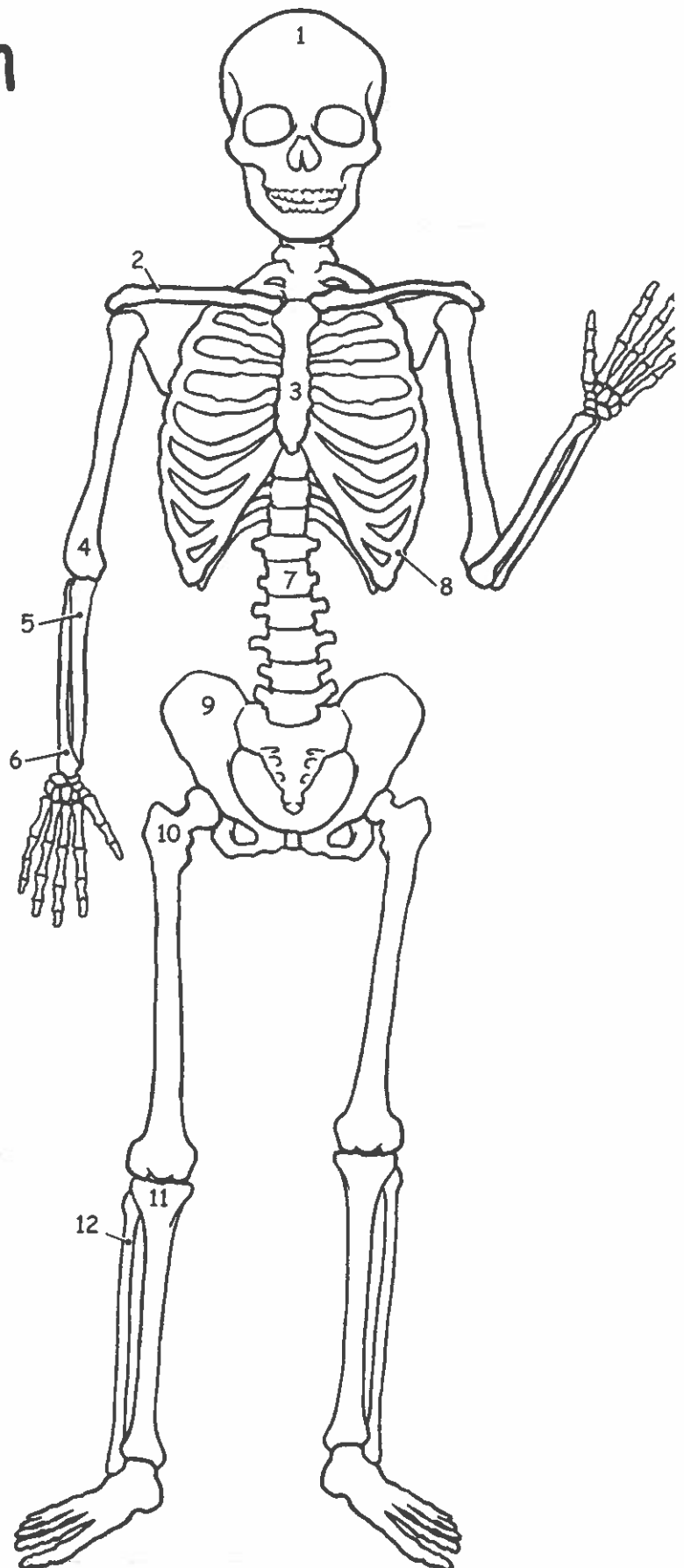
8. ribs

9. pelvis  
(hip bone)

10. femur

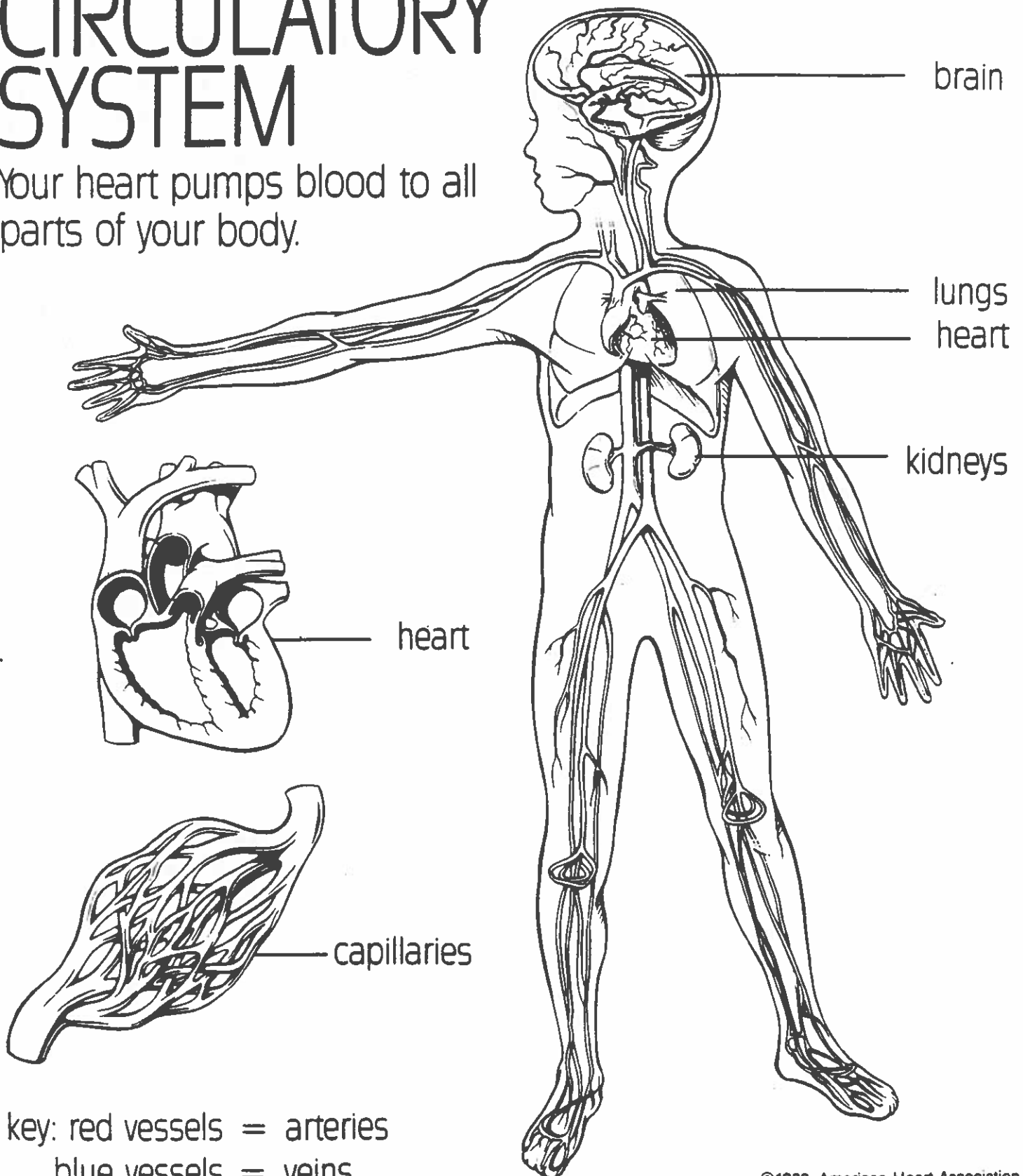
11. tibia

12. fibula



# YOUR CIRCULATORY SYSTEM

Your heart pumps blood to all parts of your body.

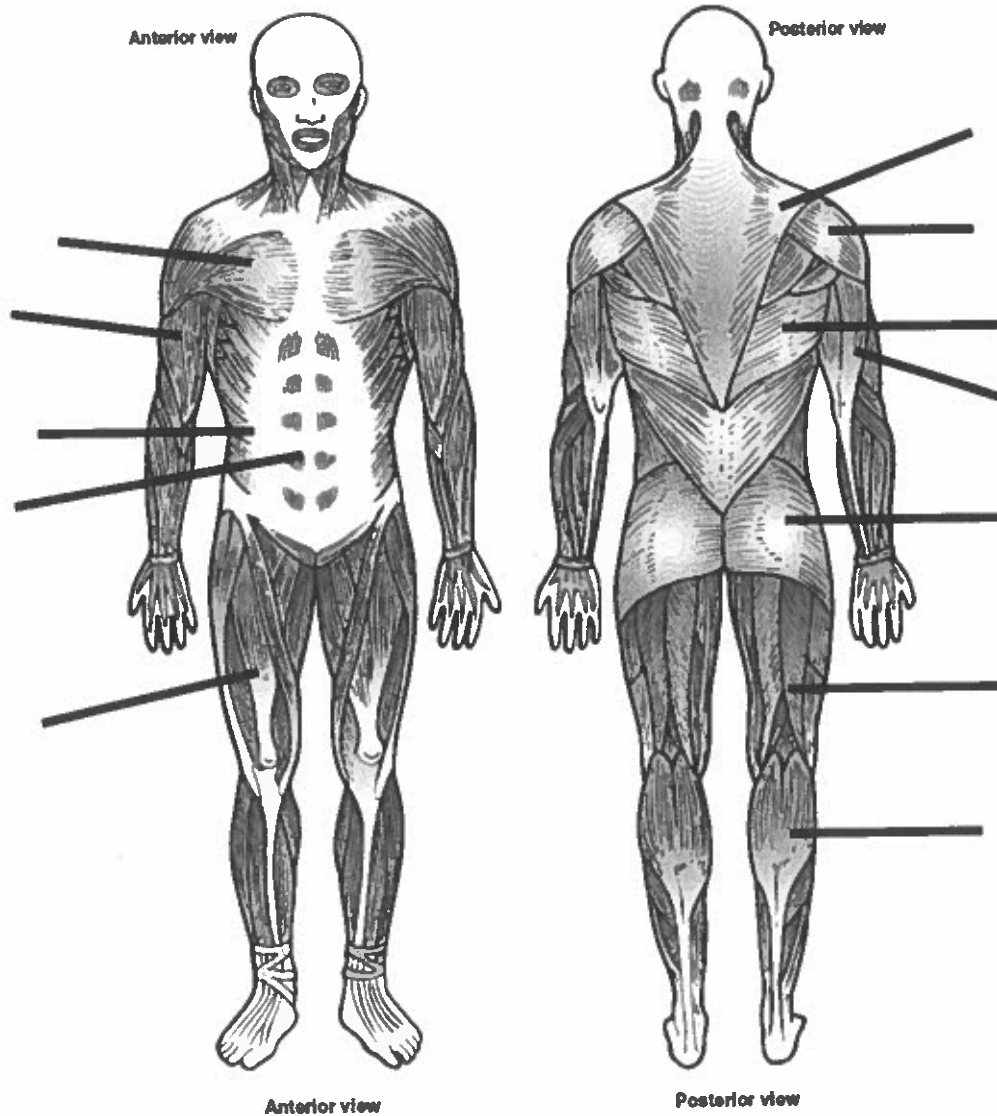


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## Worksheet – Major Muscles



Label these diagrams to show that you are able to identify the major muscles of the human body.



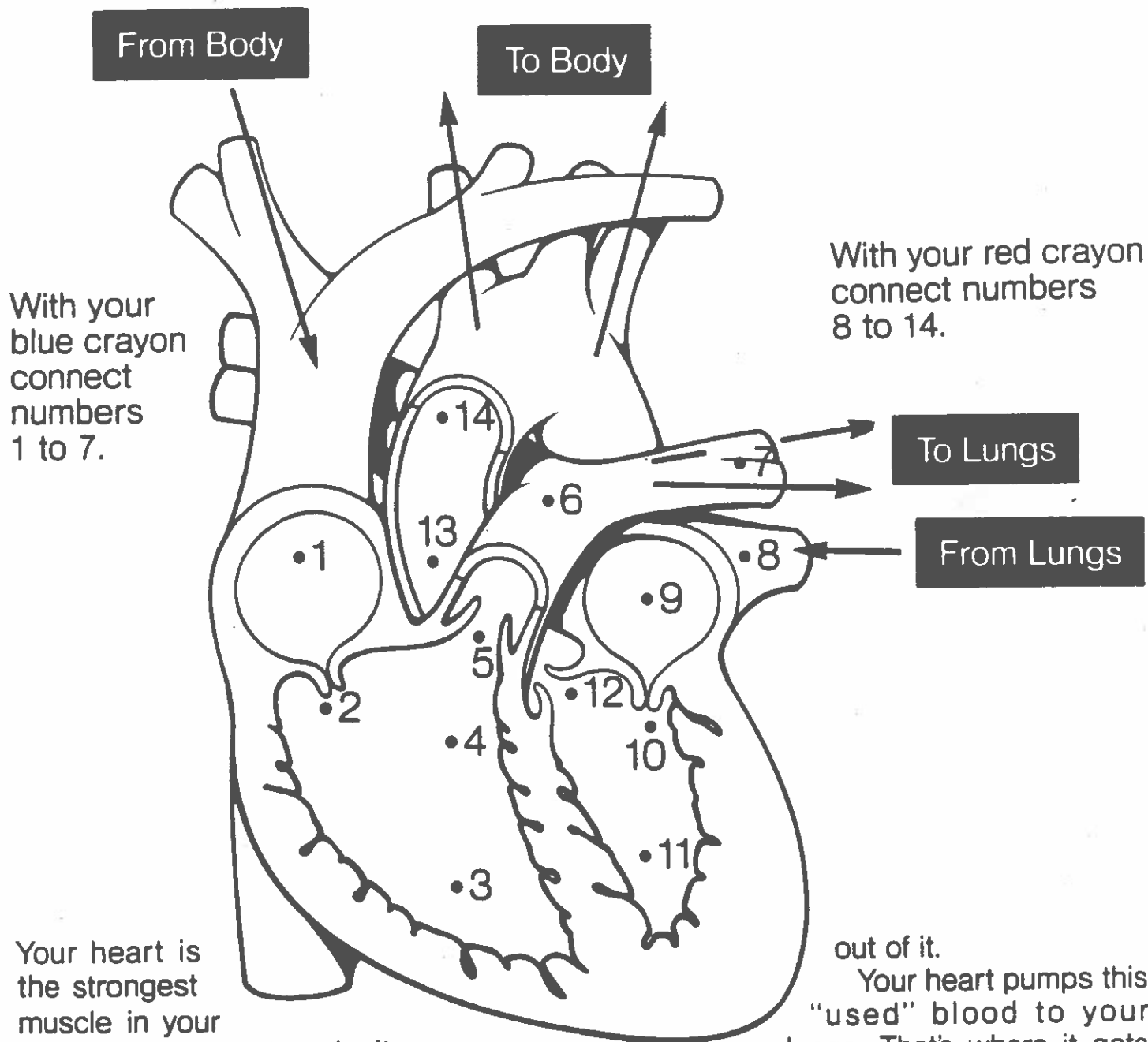
### Names of missing muscle labels

|                  |            |                  |                  |
|------------------|------------|------------------|------------------|
| Pectoralis Major | Trapezius  | Gastrocnemius    |                  |
| Hamstrings       | Quadriceps | Rectus Abdominus | External Oblique |
| Biceps           | Triceps    | Deltoids         | Latissimus Dorsi |
|                  |            |                  | Gluteus Maximus  |

Name →

Date →

# CAN YOU TRACE WHERE THE BLOOD FLOWS?



Your heart is the strongest muscle in your body. It has a big job to do. It pumps blood to all parts of your body.

After blood has traveled through your body it comes back to your heart. It's bluish because oxygen has been taken

out of it. Your heart pumps this "used" blood to your lungs. That's where it gets oxygen. When blood comes back from the lungs, it's bright red.

After your blood has oxygen put back in, your heart pumps it all over your body.